

# Join the ParaGANGlioma - More Support for *FH* in Hereditary Pheochromocytoma-Paraganglioma

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## BACKGROUND

- The fumarate hydratase (*FH*) gene encodes the FH protein, which is a catalytic component of the Krebs cycle and is involved in tumor suppression.
- Heterozygous pathogenic or likely pathogenic variants (PV or LPV) in the *FH* gene have been shown to cause hereditary leiomyomatosis and renal cell cancer (HLRCC).
- There have been reports that individuals with *FH* PVs are also at risk for pheochromocytoma (PHEO) and/or paraganglioma (PGL), but evidence is limited and this association is thought to be rare with an incidence of 1% among *FH* PV carriers, if not refutable.
- Here we describe ten individuals with the *FH* LPV p.T234A identified via multi-gene panel testing (MGPT) at two diagnostic laboratories, all of whom have a personal and/or family history of PHEO.

## RESULTS

- Eight individuals presented with PHEO as their sole lesion in the HLRCC spectrum (80%), one individual presented with synchronous PHEO, PGL, and papillary RCC (10%), and one individual was not affected with any HLRCC tumors but had a family history of PHEO and RCC (10%).
- Individuals with PCC were diagnosed between the ages of 28-68y and the majority (77.8%) had only one PGL tumor.
- The individual with the synchronous component tumors underwent somatic sequencing of his RCC and PGL, which demonstrated discordant results by tumor type. The papillary RCC revealed a heterozygous allelic frequency of the germline *FH* LPV, p.T234A (47% of 304 reads) without loss of the wild-type FH allele. The PGL demonstrated an allelic frequency of the p.T234A LPV of 84% of 359 reads with single copy deletion of the wild-type allele owing to 1q43 loss.
- Based on structural analysis, the threonine residue at codon 234 sits at the interface of two monomer subunits and this substitution is anticipated to result in a significant decrease in structural stability.
- This amino acid position is highly conserved and is predicted to be benign and deleterious by PolyPhen and SIFT *in silico* analyses, respectively.
- The allele frequency of p.T234A in the general population is 0.001% (3 of 251274 alleles).

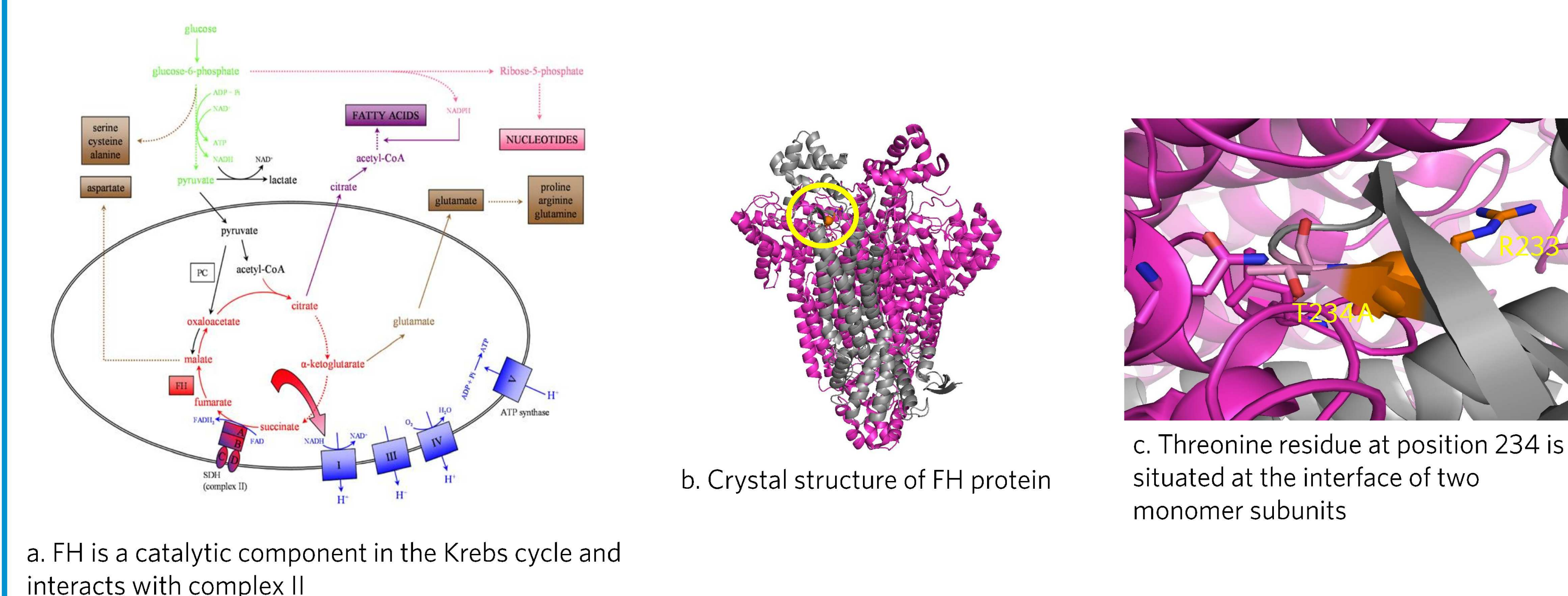
## ACKNOWLEDGEMENTS

Thank you to Susan Hiraki and Lauren Yackowski, GeneDx variant scientists

## REFERENCES

- Castro-Vega LJ et al. *Hum. Mol. Genet.* 2014 May;23(9):2440-6.
- Richter S et al. *Genet Med.* 2019 Mar;21(3):705-717.

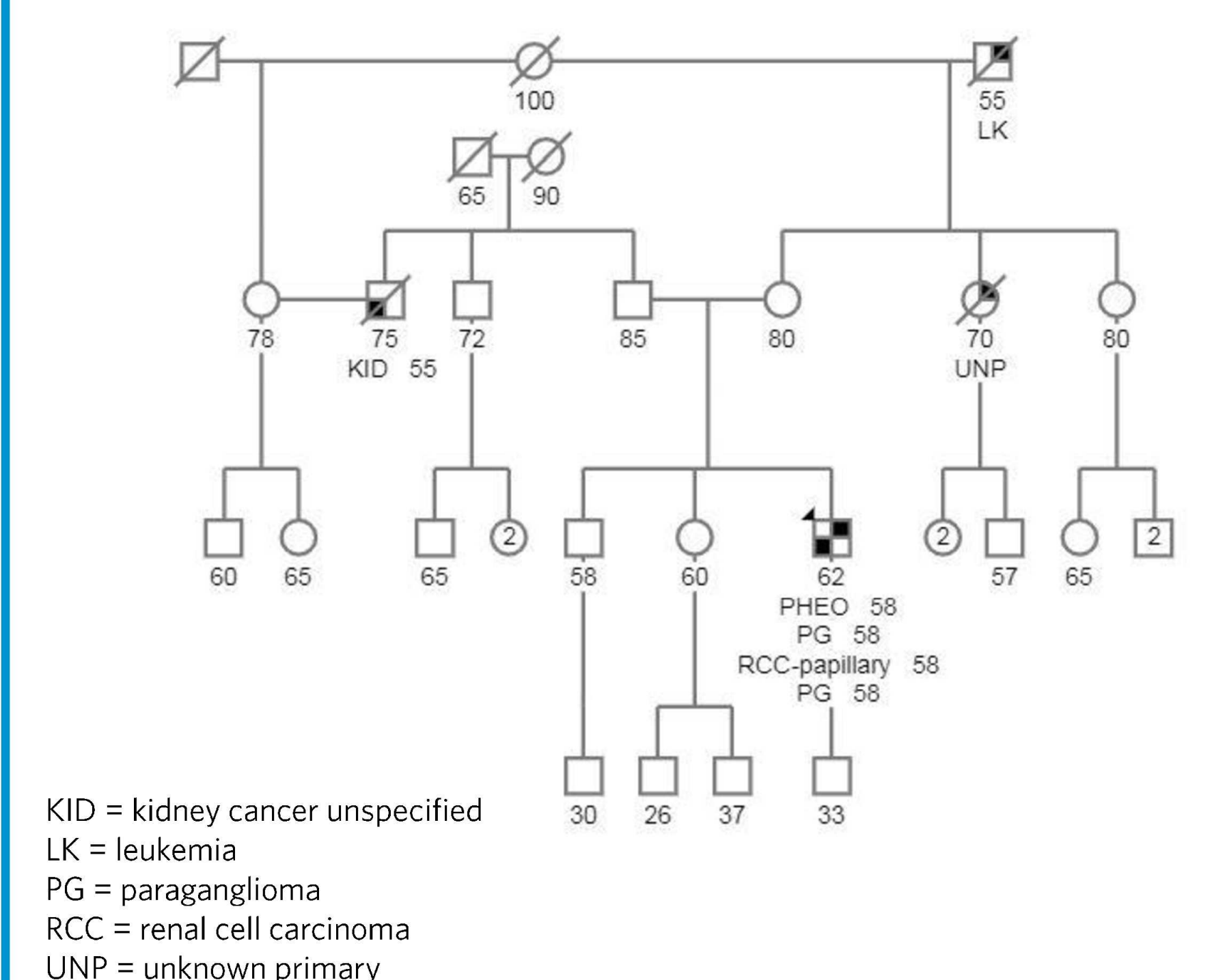
## Pathway and Modeling



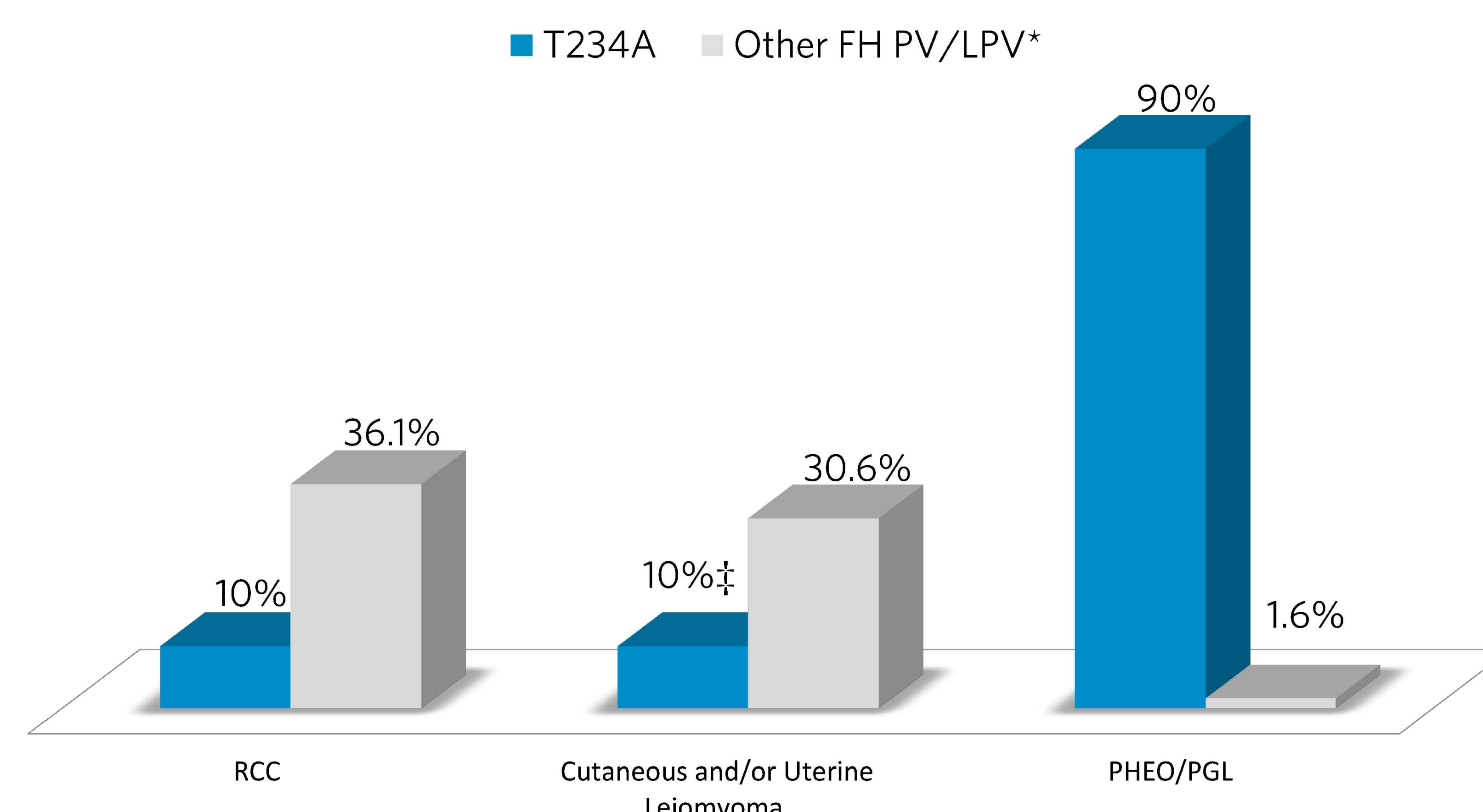
## Clinical Presentation of T234A Carriers

| Pt # | Personal Cancer History                  | Family Cancer History  |
|------|--|--|
| 1    | PHEO dx 50s, thyroid ca dx NOS           | Maternal: PHEO, Breast, Ovarian; Paternal: Breast                                    |
| 2    | Bilateral PHEO dx NOS, thyroid ca dx 70s | Maternal: Breast, Stomach; Paternal: CRC   |
| 3    | Breast dx 40s                            | Maternal: CNS; Paternal: PHEO, RCC, Thyroid, Parathyroid, Pancreatic; Other: Thyroid |
| 4    | PHEO dx 40s, uterine leiomyomas dx 50s   | None   |
| 5    | PHEO dx 20s                              | Maternal: Uterine; Paternal: Ovarian   |
| 6    | Lymphoma dx 50s, PHEO dx 60s             | Other: PHEO, mesothelioma  |
| 7    | PHEO dx 40s                              | Maternal: CRC, Pancreatic  |
| 8    | PHEO dx 30s                              | Other: Ovarian   |
| 9    | PHEO dx 50s                              | Maternal: Lung   |
| 10   | PHEO dx 50s, PGL dx 50s, RCC dx 50s      | Maternal: Leukemia; Paternal: RCC  |

## Pedigree of Pt #10



## Tumor Distribution in T234A Probands Compared to Other *FH* PVs and LPVs



\*Ambry MGPT probands with PVs and LPVs in *FH* through 2017, total = 62

‡Reflects updated clinical information since abstract submission

## TAKE-HOME POINTS

- Our results support a rare subtype of HLRCC in which PHEO is the predominant finding.
- While the extent of this disease subtype and penetrance in affected families is not yet known, we provide compelling evidence that the p.T234A variant is associated with PHEO/PGL development.
- These data illustrate the role MGPT plays in expanding the phenotypes of known syndromes.
- Collaboration between laboratories increased the significance of the clinical findings, provided independent validation, and aided in accurate variant classification.
- A better understanding of mechanism and genotype-phenotype correlation is needed to guide management, such as the need for specialized concurrent renal and adrenal imaging, and potentially the treatment of these tumors.