



# Genetic Testing for Neurological Disorders

A Practical Guide for  
Pediatric Neurologists and  
Developmental Pediatricians



Genetic Testing for Children  
With Neurological Disorders is  
Recommended By:

American Academy  
of Pediatrics<sup>1</sup>

American College  
of Medical Genetics  
and Genomics<sup>2</sup>

National Society of  
Genetic Counselors<sup>3</sup>

American Epilepsy  
Society<sup>3</sup>

## Establishing an Etiology Provides Guidance for the Family

Identifying patients with a genetic cause for their neurological disorder can clarify a diagnosis and inform recommendations for personalized medical management. Benefits of genetic testing may include:<sup>1-3</sup>



Tailoring Medical Care



Guiding Therapy Selection



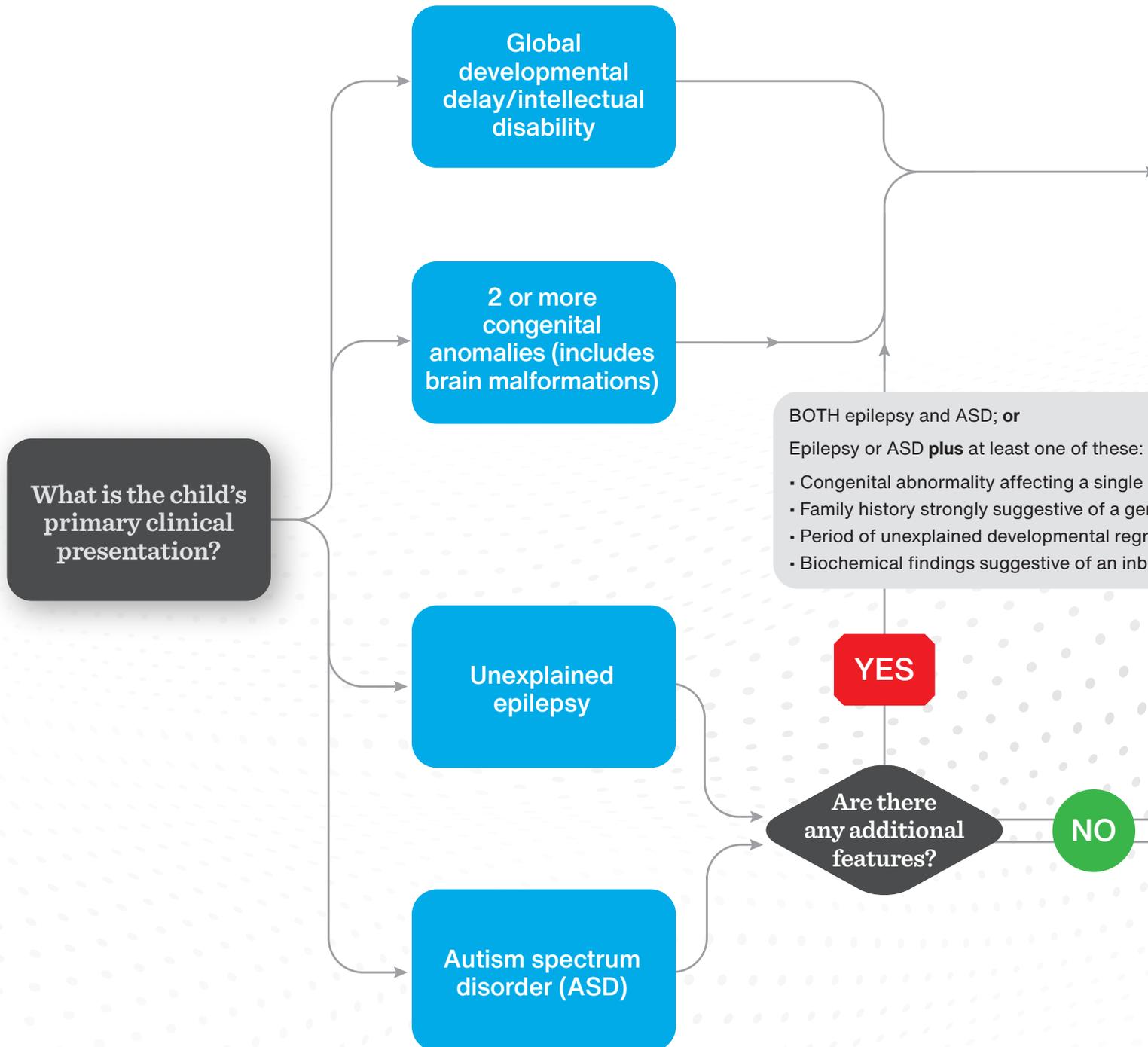
Creating Opportunities  
for Community



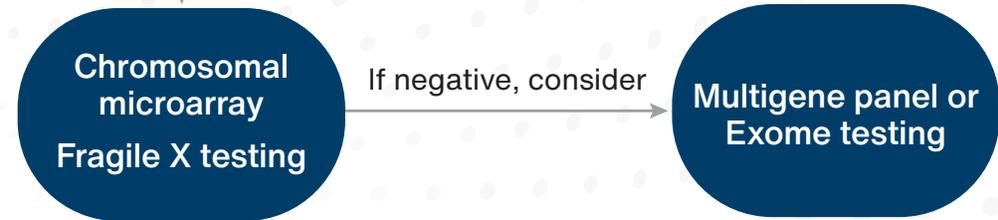
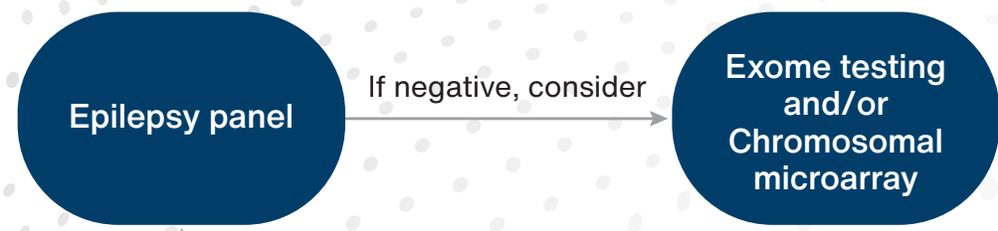
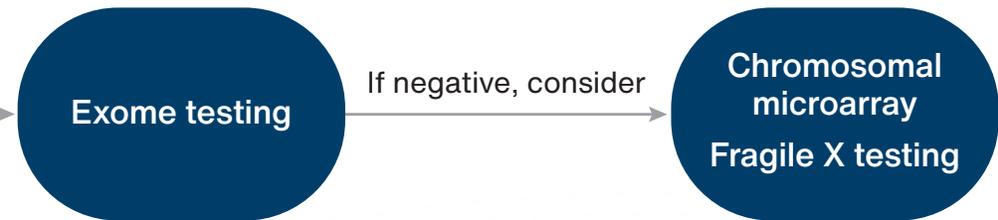
Informing Family Decisions

# Clinical Testing Workflow Based on Professional Guideline Recommendations

This suggested clinical workflow factors in recommendations from professional society guidelines and typical medical coverage criteria. Other testing not captured here may be appropriate for individual patients.



organ system  
genetic etiology, including consanguinity  
expression  
born error of metabolism



### Find More Answers with Exome Testing at Ambry

Our latest offering, ExomeReveal™, offers enhanced analysis with RNA for higher diagnostic yield and lower VUS rates.

In addition, our Patient for Life™ program provides proactive, continuous reanalysis. This unique Ambry service yields answers for 1 in 20 patients who initially have negative or uninformative results.<sup>4</sup>

### Expert Consultation Available

Commercial payor coverage can be more variable for second-tier testing, and the best clinical choice can also depend on the child's presentation.

Our Genomic Science Liaisons are happy to support your practice and are available for consultation.

# We Offer a Comprehensive Test Portfolio for Your Practice

Product	Description	TAT	Specimen Types
<b>ExomeNext<sup>®*</sup></b>	Sequences the coding regions of all 20,000 genes for variants that explain the phenotype	6–8 weeks	Blood (EDTA tube) Saliva Buccal
<b>ExomeReveal<sup>™*</sup></b>	Includes RNA analysis for qualified variants	Additional 3–4 weeks	Blood (EDTA and PAXgene tubes)
<b>Chromosomal Microarray (SNP Array)</b>	Detects genome-wide copy number variants (CNVs) – extra or missing sections of genetic material	2–3 weeks	Blood (EDTA tube) Saliva Buccal
<b>Fragile X Testing</b>	Tests specifically for fragile X syndrome, the most common inherited cause of intellectual disability	1–2 weeks	
<b>EpilepsyNext<sup>®*</sup></b>	124 gene panel	2–4 weeks	
<b>AutismNext<sup>®*</sup></b>	72 gene panel	2–4 weeks	
<b>NeurodevelopmentNext<sup>®*</sup></b>	202 gene panel	2–4 weeks	

\*Recommend these tests performed as a family Trio when possible. Biological parents' samples can be submitted with the patient's sample.

## References

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- Manickam K, McClain MR, Demmer LA, et al. Exome and genome sequencing for pediatric patients with congenital anomalies or intellectual disability: an evidence-based clinical guideline of the American College of Medical Genetics and Genomics (ACMG). *Genet Med*. 2021;23(11):2029-2037. doi:10.1038/s41436-021-01242-6
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