

Family Member Testing for Hereditary Cancer Risk

Dear family member,

I would like to share with you that I recently underwent genetic testing through Ambry Genetics and was found to have a harmful difference in a gene, or gene mutation, that increases my risk of developing cancer. I wanted to make you aware of my results as this information may impact you and other family members. Given my results, you may also be eligible for genetic testing for this specific mutation through Ambry Genetics.

This gene mutation is hereditary, meaning that each of my close family members (parents, brothers, sisters, and children) have a 50% chance to also have the same gene mutation that I have. Men and women have the same chance of inheriting the mutation, but their likelihood of developing cancer and the types of cancer they could develop may be different. You may have this gene mutation even if you are not showing any signs or symptoms of cancer at this time.

If you test positive for this mutation, then your risk of developing cancer may be much higher than the general population. However, genetic test results may help your medical provider to personalize your cancer screening, treatment, and prevention plan. One way they may do this is by starting screenings earlier and/or doing them more frequently.

Ultimately, the choice to act on this information is yours, but my hope is that you will at least take the opportunity to review my results and discuss the option of genetic testing with your healthcare provider.



Next Steps

1. Take the following documents to your healthcare provider:
 - ☐ A copy of this letter
 - ☐ A copy of my genetic testing report OR my accession number: _____
 - ☐ Gene name and variant/mutation: _____
 - ☐ The test order form
2. Ambry Genetics may offer additional testing to close relatives in connection with my test results. However, this must occur at Ambry within 90 days of my report date.
Report date: _____
3. Your healthcare provider can follow the steps below to order testing.



For Your Healthcare Provider

1. Ambry provides additional genetic testing for the pathogenic or likely pathogenic variant identified in the family if testing is ordered within 90 days of the original patient's report date.
2. You can place an order online via AmbryPort® or download a paper test order form on the Ambry Genetics website at ambrygen.com
3. You will need to provide the name, date of birth, and relationship of the relative already tested at Ambry.
4. You can have a specimen collection kit sent to your office or directly to the patient for remote collection.
5. Contact Ambry Genetics at 949.900.5500 or email info@ambrygen.com if you have any questions.



Genetic Counseling Options

- If you test positive, Ambry can help schedule you with a genetic counselor to discuss in detail what the results mean for you. To arrange genetic counseling, your healthcare provider can contact: geneticcounseling@ambrygen.com
- Find a local genetic counselor: www.findageneticcounselor.com