



Ordered By Contact ID:6323402 Org ID:8141

Medical Unknown, Unknown, MD

Professional:

MOCKORG44 (10829) Client:

Patient Legal Name: Last, First

Accession #: 01-326943 Specimen #:

AP2 Order #: 3105387 Specimen: Blood EDTA (Purple

top)

Birthdate: 01/01/2000 Sex assigned at birth: M MRN #: N/A Collected: 05/03/2025 Indication: Diagnostic/Family Received: 05/06/2025 History

Test Started: 05/06/2025

CancerNext-Expanded® +RNAinsight®: Analyses of Genes Associated with Hereditary Cancer (77 genes)

RESULTS

NF1 Pathogenic Mutation: p.R681*

SUMMARY

POSITIVE: Pathogenic Mutation Detected

INTERPRETATION

- This individual is heterozygous for the p.R681* (c.2041C>T) pathogenic mutation in the NF1 gene.
- This result is consistent with a diagnosis of neurofibromatosis type 1 (NF1).
- Risk estimate: approximately a 20-40% cumulative risk for female breast cancer, up to a 19% lifetime risk for malignant peripheral nerve sheath tumors (MPNSTs), and up to a 7% lifetime risk for paragangliomas (PGLs) and pheochromocytomas (PCCs).
- The expression and severity of disease for this individual cannot be predicted.
- Genetic testing for pathogenic mutations in family members can be helpful in identifying at-risk individuals.
- Genetic counseling is a recommended option for all individuals undergoing genetic testing.

No additional pathogenic mutations, variants of unknown significance, or gross deletions or duplications were detected. Genes Analyzed (77 total): AIP, ALK, APC, ATM, BAP1, BARD1, BMPR1A, BRCA1, BRCA2, BRIP1, CDC73, CDH1, CDK4, CDKN1B, CDKN2A, CEBPA, CHEK2, DICER1, ETV6, FH, FLCN, GATA2, LZTR1, MAX, MEN1, MET, MLH1, MSH2, MSH6, MUTYH, NF1, NF2, NTHL1, PALB2, PHOX2B, PMS2, POT1, PRKAR1A, PTCH1, PTEN, RAD51C, RAD51D, RB1, RET, RPS20, RUNX1, SDHA, SDHAF2, SDHB, SDHC, SDHD, SMAD4, SMARCA4, SMARCB1, SMARCE1, STK11, SUFU, TMEM127, TP53, TSC1, TSC2, VHL and WT1 (sequencing and deletion/duplication); AXIN2, CTNNA1, DDX41, EGFR, HOXB13, KIT, MBD4, MITF, MSH3, PDGFRA, POLD1 and POLE (sequencing only); EPCAM and GREM1 (deletion/duplication only). RNA data is routinely analyzed for use in variant interpretation for all genes.

NF1 Additional Information

The p.R681* pathogenic mutation (also known as c.2041C>T), located in coding exon 18 of the NF1 gene, results from a C to T substitution at nucleotide position 2041. This changes the amino acid from an arginine to a stop codon within coding exon 18. This alteration has been identified in several individuals meeting NIH diagnostic criteria for neurofibromatosis type 1 (NF1) (Ars E et al, Hum. Mol. Genet. 2000 Jan; Violante IR et al. Brain 2013 Mar;136(Pt 3):918-25 Maruoka R et al. Genet Test Mol Biomarkers, 2014 Nov;18:722-35; Zafar R et al. Radiol Case Rep, 2016 Mar;11:33-5; 9(2):237-47; Yao R et al. Genes (Basel), 2019 10;10:; N Abdel-Aziz N et al. Mol Genet Genomic Med, 2021 12;9:e1631). In addition, several functional studies have shown that this mutation causes reduced protein expression and can contribute to the development of optic gliomas and neurofibromas (Li K et al. Dis Model Mech, 2016 Jul;9:759-67; Toonen JA et al. Hum. Mol. Genet., 2016 May;25:1703-13; Gutmann DH. Expert Rev Neurother, 2016 Sep;16:999-1001). In addition to the clinical data presented in the literature, this alteration is expected to result in loss of function by premature protein truncation or nonsense-mediated mRNA decay. As such, this alteration is interpreted as a disease-causing mutation.

The NF1 gene (NM_000267.3) is located on chromosome 17q11.2, encodes the neurofibromin protein, and contains 57 coding

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exons. Pathogenic variants in this gene have been detected in individuals diagnosed with neurofibromatosis type 1 (NF1), which is inherited in an autosomal dominant fashion. NF1 is a highly variable tumor predisposition syndrome that is characterized by the presence of hyperpigmented skin lesions, neurofibromas, and iris Lisch nodules. Clinical criteria for NF1 include multiple large café-au-lait macules, neurofibromas or plexiform neurofibroma, axillary or inguinal freckling, optic glioma, Lisch nodules, and osseous lesions. Additional features seen in a majority of patients include intellectual disability, nevus anemicus in childhood, and migraines. Pathogenic variants in NF1 confer a significantly increased risk for malignant peripheral nerve sheath tumors (MPNST) (8-19% lifetime risk), optic glioma, gastrointestinal stromal tumor (GIST), thyroid cancer, leukemia, breast cancer (20-40% lifetime risk), and paragangliomas and/or pheochromocytomas (7% lifetime risk). Lifetime overall cancer risk for patients with NF1 has been estimated at 59.6%. Plexiform neurofibromas occur in approximately 50% of patients and may be undetectable in the absence of radiologic evaluation. A minority of individuals with pathogenic variants in NF1 have congenital heart defects and/or dysmorphic features similar to Noonan syndrome (referred to as NF1-Noonan syndrome in published literature). Different manifestations of NF1 have a characteristic age of presentation, although penetrance is nearly 100% after puberty. There is an FDAapproved treatment specific for patients with plexiform neurofibroma due to NF1 (fda.gov). Approximately half of all pathogenic alterations in NF1 occur de novo (Fishbein L, et al. (2012) Cancer Genet 205(1):1-11; Jett K, et al. (2010) Genet Med 12(1):1-11; Madanikia SA, et al. (2012) Am. J. Med. Genet. A 158(12):3056-60; Pinna V, et al. (2019) Genes (Basel) 10(9); Legius E, et al. (2021) Genet Med 23(8):1506-1513; Dalili S, et al. (2023) Hum Genomics 17(1):12; Ly KI, et al. (2019) Med Clin North Am 103(6):1035-1054). Loss of function has been reported as the mechanism of disease for NF1.

Order Summary: The following products were included in the test order for this individual. Please note: tests on hold and those that have been cancelled (including reflex testing steps cancelled due to a positive result in a preceding test) are excluded. For additional information, please contact Ambry Genetics.

■ CancerNext-Expanded® +RNAinsight® (Product Code 8875-R)

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ASSAY INFORMATION

General methodology: Genomic deoxyribonucleic acid (gDNA) is isolated from the patient's specimen using standardized methodology and quantified. Sequence enrichment of the targeted coding exons and adjacent intronic nucleotides is carried out by a bait-capture methodology using long biotinylated oligonucleotide probes followed by polymerase chain reaction (PCR) and Next-Generation sequencing (NGS). Variants in regions complicated by pseudogene interference, variant calls not satisfying depth of coverage and variant allele frequency quality thresholds, and potentially homozygous variants are verified by Sanger sequencing. Gross deletion/duplication analysis is performed using a customized pipeline using a combination of third-party coverage-based tools and custom methodologies with confirmatory MLPA and/or targeted chromosomal microarray. Mobile element insertions, if detected, are confirmed by PCR and Sanger sequencing and/or gel electrophoresis.

Ribonucleic acid (RNA) is isolated from the patient's specimen using standardized methodology and quantified. RNA is converted to complementary DNA (cDNA) by reverse transcriptase polymerase chain reaction (RT-PCR). Sequence enrichment is carried out by a bait-capture methodology using long biotinylated oligonucleotide probes followed by polymerase chain reaction (PCR) and Next-Generation sequencing (NGS). RNA transcripts are screened and compared to a human reference pool. The presence of RNA transcripts meeting quality thresholds is incorporated as evidence for the assessment and classification of DNA variants. Any region not meeting RNA quality thresholds, including regions with chronically low expression in human peripheral lymphocytes, are excluded from analysis.

Additional methodology:

- **MSH2**: The inversion of coding exons 1-7 is detected by NGS and confirmed by multiplex ligation-dependent probe amplification (MLPA) or PCR and agarose gel electrophoresis.
- PMS2: Gross deletions and duplications of exons 11-15 of PMS2 are reflexed to long-range PCR and gel electrophoresis and/or sequencing
 to determine if the event occurs within PMS2 or PMS2CL. The most likely deletion/duplication configuration that is consistent with the longrange PCR results is reported; however, rare complex rearrangements in PMS2 and PMS2CL cannot be ruled out.

NCBI reference sequences: AIP- NM 003977.2, ALK- NM 004304.4, APC- NM 000038.5 & NM 001127511.2, ATM- NM 000051.3, ATRIP-NM_130384.1, AXIN2- NM_004655.3, BAP1- NM_004656.2, BARD1- NM_000465.2, BMPR1A- NM_004329.2, BRCA1- NM_007294.3, BRCA2-NM_000059.3, BRIP1- NM_032043.2, CDC73- NM_024529.4, CDH1- NM_004360.3, CDK4- NM_000075.3, CDKN1B- NM_004064.3, CDKN2A-NM_000077.4 & NM_058195.3, CEBPA- NM_004364.3, CFTR- NM_000492.3, CHEK2- NM_007194.3, CPA1- NM_001868.2, CTNNA1-NM 001903.2, CTRC- NM 007272.2, DDX41- NM 016222.2, DICER1- NM 177438.2, EGFR- NM 005228.3, EGLN1- NM 022051.2, EPCAM-NM 002354.2, ETV6 NM 001987.4, FH- NM 000143.3, FLCN- NM 144997.5, GATA2- NM 032638.4, GREM1- NM 013372.6, HOXB13-NM 006361.5, KIF1B- NM 015074.3, KIT- NM 000222.2, LZTR1- NM 006767.3, MAX- NM 002382.3, MBD4- NM 001276270.2, MEN1-NM 130799.2, MET- NM 001127500.1, MITF- NM 000248.3, MLH1- NM 000249.3, MLH3- NM 001040108.1, MSH2- NM 000251.1, MSH3-NM 002439.3, MSH6- NM 000179.2, MUTYH- NM 001128425.1, NF1- NM 000267.3, NF2- NM 000268.3, NTHL1- NM 002528.5, PALB2-NM 024675.3, PALLD- NM 001166110.1, PDGFRA- NM 006206.4, PHOX2B- NM 003924.3, PMS2- NM 000535.5, POLD1-NM 002691.2, POLE- NM 006231.2, POT1- NM 015450.2, PRKAR1A- NM 002734.3, PRSS1- NM 002769.4, PTCH1- NM 000264.3, PTEN-NM 000314.4, RAD51B - NM 133510.3, RAD51C- NM 058216.1, RAD51D- NM 002878.3, RB1- NM 000321.2, RET- NM 020975.4, RNF43-NM_017763.4, RPS20- NM_001023.3, RUNX1- NM_001754.4, SDHA- NM_004168.2, SDHAF2- NM_017841.2, SDHB- NM_003000.2, SDHC-NM_003001.3, SDHD- NM_003002.2, SMAD4- NM_005359.5, SMARCA4- NM_001128849.1, SMARCB1- NM_003073.3, SMARCE1-NM 003079.4, SPINK1- NM 003122.3, STK11- NM 000455.4, SUFU- NM 016169.3, TERT - NM 198253.2, TMEM127- NM 017849.3, TP53-NM 000546.4, TSC1- NM 000368.4, TSC2- NM 000548.3, VHL- NM 000551.3, and WT1- NM 024426.4.

Analytical range: This test detects variants in the coding domains and well into the flanking 5' and 3' ends of the introns and untranslated regions. Unless explicitly stated, sequence and copy number variants in the promoter, non-coding exons, or 3' untranslated regions are not routinely reported.

Analytical range exceptions:

- **APC**: all promoter 1B gross deletions as well as single nucleotide substitutions within the promoter 1B YY1 binding motif (NM_001127511 c.-196 -186) are analyzed and reported.
- EPCAM: only gross deletions encompassing the 3' end of the gene are reported.
- **GREM1**: only the status of the 40kb 5'UTR gross duplication is analyzed and reported.
- MITF: only the c.952G>A (p.E318K) variant is reported.
- MSH3 and PHOX2B: the polyalanine repeat regions are excluded from analysis.
- NTHL1: only full-gene gross deletions and duplications are detected.
- Gross deletion/duplication analysis is not performed for the following genes: ATRIP, AXIN2, CFTR, CPA1, CTNNA1, CTRC, DDX41, EGFR, EGLN1, HOXB13, KIT, MBD4, MITF, MLH3, MSH3, PALLD, PDGFRA, POLD1, POLE, PRSS1, RAD51B, RNF43, SPINK1, and TERT.

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Reporting: Results reported herein may be of constitutional or somatic origin. This methodology cannot differentiate between these possibilities. In result reports, variants in the following classifications are always reported, and are based on the following definitions and clinical recommendations.

- Pathogenic Variant: variants with sufficient evidence to classify as pathogenic (capable of causing disease). Targeted testing of at-risk relatives and appropriate changes in medical management for pathogenic variant carriers recommended. Previously described pathogenic variants, including intronic variants at any position, are always reported when detected.
- Variant, Likely Pathogenic (VLP): variants with strong evidence in favor of pathogenicity. Targeted testing of at-risk relatives and appropriate changes in medical management for VLP carriers typically recommended. Previously described likely pathogenic variants, including intronic VLPs at any position, are always reported when detected.
- Variant, Uncertain Significance (VUS): variants with limited and/or conflicting evidence regarding pathogenicity. Familial testing via the Family Studies Program may be recommended. Medical management to be based on personal/family clinical histories, not VUS carrier status. Note, intronic VUSs are always reported out to 5 base pairs from the splice junction when detected.

Variants of unlikely clinical significance (those with strong/very strong evidence to argue against pathogenicity) are not routinely included in results. These include findings classified as "likely benign" and "benign" variants. Classification and interpretation of variants may change over time with accumulating evidence and scientific advancements. Updated classifications may be reported through reclassification notices; however, clients should re-contact the laboratory or visit ClinVar (https://www.ncbi.nlm.nih.gov/clinvar/) for the most up to date information regarding the current interpretation of results.

RNA transcripts derived from genes with limited gene-disease validity or with an inconsistent mechanism of disease do not routinely contribute to variant interpretation.

All results, including those from prior genetic testing for themselves and/or family members, will be reported as described above.

Gender identity (if provided) is not used in the interpretation of results, and sex assigned at birth is used in the interpretation of results only when necessary. Currently, there are insufficient data to determine specific cancer risk adjustments for transgender, nonbinary, or intersex individuals.

Assay Information Continued on Next Page

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ASSAY INFORMATION (Supplement to Test Results - Continued)

Resources: The following references are used in variant analysis and classification when applicable for observed genetic alterations.

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- 3. Ambry Genetics Variant Classification Scheme. http://www.ambrygen.com/variant-classification.
- 4. Berkeley Drosophila Genome Project [Internet]. Reese MG et al. J Comp Biol. 1997;4:311-23. http://www.fruitfly.org/seq_tools/splice.html.
- 5. Database of Single Nucleotide Polymorphisms (dbSNP) [Internet]. Bethesda (MD): National Center for Biotechnology Information, National Library of Medicine (dbSNP Build ID:135) Available from: www.ncbi.nlm.nih.gov/SNP. Accessed Jan 2012).
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- 16. Mu W et al. J Mol Diagn. 2016 Oct 4. PubMed PMID: 27720647
- 17. Karczewski KJ et al. Nature. 2020 May;581(7809):434-443. PMID: 32461654
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Disclaimer: This test was developed, and its performance characteristics were determined by Ambry Genetics Corporation. It has not been cleared or approved by the US Food and Drug Administration (FDA). The FDA does not require this test to go through premarket FDA review. It should not be regarded as investigational or for research. This test should be interpreted in context with other clinical findings. This report does not represent medical advice. Any questions, suggestions, or concerns regarding interpretation of results should be forwarded to a genetic counselor, medical geneticist, or physician skilled in interpretation of the relevant medical literature. This laboratory is certified under the Clinical Laboratory Improvement Amendments (CLIA) as qualified to perform high complexity clinical laboratory testing. This test analyzes the following types of mutations: nucleotide substitutions, small deletions (up to 25 bp), small insertions (up to 10 bp), small indels, and gross deletions/duplications. Unless otherwise noted in the methodology section above, this test is not intended to analyze the following types of alterations: gross rearrangements, deep intronic variations, mobile element insertions, and other unknown abnormalities. The pattern of mutation types varies by gene, and this test detects a high but variable percentage of known and unknown mutations of the classes stated. A negative result from the analysis cannot rule out the possibility that the tested individual carries a rare unexamined mutation or mutation in the undetectable group. This test is designed and validated to be capable of detecting ~99.9% of described mutations in the genes represented on the test, listed above (analytical sensitivity). The clinical sensitivity of this test may vary widely according to the specific clinical and family history. Mutations in other genes or the regions not analyzed by this test can also give rise to similar clinical conditions. Although molecular tests are highly accurate, rare diagnostic errors may occur. Possible diagnostic errors include sample mix-up, erroneous paternity identification, technical errors, clerical errors, and genotyping errors. Genotyping errors can result from trace contamination of PCR reactions, from maternal cell contamination in fetal samples, from rare genetic variants that interfere with analysis, germline or somatic mosaicism, presence of pseudogenes, technical difficulties in regions with high GC content or homopolymer tracts, active hematologic disease, a history of allogeneic bone marrow or peripheral stem cell transplant, or from other sources. Rare variants present in the human genome reference sequence (GRCh37.p5/hg19) or rare misalignment due to presence of pseudogenes can lead to misinterpretation of patient sequence data.

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Clinician Management Resource for NF1

This overview of clinical management guidelines is based on this patient's positive test result for a *NF1* gene mutation. Unless otherwise stated, medical management guidelines used here are limited to those issued by the National Comprehensive Cancer Network® (NCCN®)¹ in the U.S. Please consult the referenced guideline for complete details and further information.

Clinical correlation with the patient's past medical history, treatments, surgeries and family history may lead to changes in clinical management decisions; therefore, other management recommendations may be considered. Genetic testing results and medical society guidelines help inform medical management decisions but do not constitute formal recommendations. Discussions of medical management decisions and individualized treatment plans should be made in consultation between each patient and his or her healthcare provider, and may change over time.

SCREENING/SURGICAL CONSIDERATIONS ¹	AGE TO START	FREQUENCY
Female Breast Cancer		
Breast Screening - Mammography - Consider breast MRI with and without contrast*	30 years old or 5-10 years before the earliest known breast cancer in the family**	Every 12 months, until age 50
Evidence insufficient for risk-reducing mastectomy recommendation. Manage based on family history.	Individualized	N/A
Other		
Recommend referral to neurofibromatosis specialist for evaluation and management of malignant peripheral nerve sheath tumors, GIST, others	Individualized	N/A

^{*} Consider possibility of false-positive MRI results due to presence of breast neurofibromas.

^{**} At this time, there are no data to suggest an increased breast cancer risk after age 50.

^{1.} Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic. V2.2024. © National Comprehensive Cancer Network, Inc. 2023. All rights reserved. Accessed September 27, 2023. To view the most recent and complete version of the guideline, go online to NCCN.org. NCCN makes no warranties of any kind whatsoever regarding their content, use or application and disclaims any responsibility for their application or use in any way.

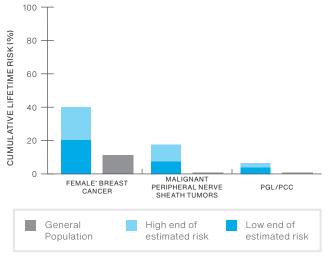
Understanding Your Positive NF1 Genetic Test Result

INFORMATION FOR PATIENTS WITH A PATHOGENIC MUTATION OR VARIANT, LIKELY PATHOGENIC

5 Things To Know

1	NF1 mutation	Your testing shows that you have a pathogenic mutation or a variant that is likely pathogenic in the <i>NF1</i> gene.
2	Neurofibromatosis type 1	People with germline <i>NF1</i> mutations have neurofibromatosis type 1 (NF1).
3	Cancer risks	You have an increased chance to develop female* breast cancer and possibly other types of cancer such as gastrointestinal stromal tumors (GIST), malignant peripheral nerve sheath tumors (MPNSTs), or paragangliomas and/or pheochromocytomas (PGL/PCC).
4	What you can do	Risk management decisions are very personal. There are options to detect cancer early or lower the risk to develop cancer. It is important to discuss these options with your doctor and decide on a plan that works for you.
5	Family	Family members may also be at risk – they can be tested for the <i>NF1</i> mutation that was found in you. It is recommended that you share this information with your family members so they can learn more and discuss with their healthcare providers.

NF1 Germline Mutation Cancer Risks**



NF1 Mutations in the Family

There is a 50/50 random chance to pass on an *NF1* mutation to each of your children. The image below shows that everyone can carry and pass on these mutations, regardless of their sex at birth.



- * Refers to sex assigned at birth
- ** Because risk estimates vary in different studies, only approximate risks are given. Cancer risks will differ based on individual and family history.

RESOURCES

- Ambry's hereditary cancer site for families patients.ambrygen.com/cancer
- Bright Pink brightpink.org
- · Children's Tumor Foundation ctf.org
- Imerman Angels imermanangels.org
- Neurofibromatosis Network nfnetwork.org
- Susan G. Komen Foundation komen.org
- Genetic Information Nondiscrimination Act (GINA) ginahelp.org
- National Society of Genetic Counselors nsgc.org
- Canadian Society of Genetic Counsellors cagc-accg.ca

Please discuss this information with your healthcare provider. The cancer genetics field is continuously evolving, so updates related to your *NF1* result, medical recommendations, and/or potential treatments may be available over time. This information is not meant to replace a discussion with a healthcare provider, and should not be considered or interpreted as medical advice.



Opportunity to Enroll in Hereditary Cancer Research

Genetic testing can help individuals and families by giving them a clearer idea of their cancer risks. Genetic tests (called multi-gene or multiplex panels) look for changes in several different genes, all in a single test. While all of the genes on these panels have been tied to an increased risk of cancer, we understand the risks associated with some of the genes better than we understand others. One way to help improve our understanding is to enroll people with pathogenic mutations or variants of unknown significance in registries. Registries typically follow people over many years to learn more about these alterations and how they impact their health.

How can I find a research registry?

There are several hereditary cancer research registries that are studying individuals who have had multiplex panel testing. One registry that is open to individuals nationwide is PROMPT (or **P**rospective **R**egistry **Of MultiPlex Testing**). PROMPT is an online registry for patients and families who have had multiplex testing and have been found to have a genetic variation which may be linked to an increased risk of cancer. PROMPT is a joint effort involving several academic medical centers and commercial laboratories, working together to learn more about the genes that are studied on multiplex panels. PROMPT will allow researchers to better understand the cancer risks associated with changes in these genes and thus provide a better understanding of the best way to take care of individuals who have such changes.

What is involved in participation?

Participation in the study simply involves completing online surveys. Additionally, the PROMPT team may reach out to you to talk about ways that you can get more involved with the research effort. Your participation will help researchers learn more and improve the ability of this genetic testing to help people.

How do I enroll?

You can learn more about or register for PROMPT by going to www.promptstudy.info or by scanning the QR code below.

Thank you again for considering taking part in PROMPT!



If you would like to read more about multiplex panels, including details about specific genes, please visit our informational website at www.promptstudy.info.



Opportunity to connect and help prevent cancer in your family

Did you recently have genetic testing for a cancer gene variant (or mutation) known to be in your family? Questions such as "Where did this variant come from?" or "What can I do to help others in my family?" are common. ConnectMyVariant can help!

ConnectMyVariant provides resources for people who want help talking with relatives about cancer risk or finding new relatives who might be at risk to help them get genetic testing and prevent cancer.

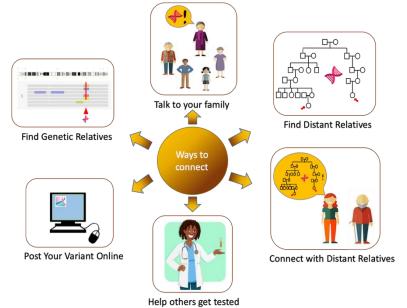
The ConnectMyVariant initiative seeks to help people like you:

- Talk to their relatives
- Share important genetic information
- Expand family trees to identify and connect with distant at-risk relatives
- Guide at-risk relatives to cancer prevention.

"Prevention Through Connection"

People with the same genetic variant may be distantly related through a long-ago ancestor. This means that your family's variant may be a key to understanding your family's past. It is also a key that you can use to help both close and distant family members prevent cancer before it happens.

You may have received genetic testing because someone cared enough to warn you about your risk. Now you can find and warn other at-risk relatives. Reaching out and speaking to other at-risk relatives to help them get genetic testing may help prevent cancer and save lives. These are the goals of ConnectMyVariant.



You can learn more and sign up at http://connectmyvariant.org/ Questions? info@connectmyvariant.org