

<b>Ordered By</b>	Contact ID:6323414	Org ID:8141	<b>Patient Legal Name: Last, First</b>	
Medical Professional:	Unknown, Unknown, MD		Accession #: <b>01-326958</b>	Specimen #:
Client:	MOCKORG44 (10829)		AP2 Order #: 3105395	Specimen: Blood EDTA (Purple top)
			Birthdate: 01/01/1997	Sex assigned at birth: M
			MRN #: N/A	Collected: 05/03/2025
			Indication: Diagnostic/Family History	Received: 05/06/2025
				Test Started: 05/06/2025

## **CancerNext® +RNAinsight®: Analyses of 40 genes Associated with Hereditary Cancer**

### **RESULTS**

**BRCA1** Pathogenic Mutation: **c.68\_69delAG**

### **SUMMARY**

## **POSITIVE: Pathogenic Mutation Detected**

### **INTERPRETATION**

- This individual is heterozygous for the **c.68\_69delAG (p.E23Vfs\*17)** pathogenic mutation in the **BRCA1** gene.
- This result is consistent with a diagnosis of **BRCA1**-related cancer predisposition.
- **Risk estimate:** increased lifetime risks for female breast cancer (60-72%), ovarian cancer (39-58%), male breast cancer (0.2-1.2%), prostate cancer (7-26%), and pancreatic cancer (3-5%).
- The expression and severity of disease for this individual cannot be predicted.
- Genetic testing for pathogenic mutations in family members can be helpful in identifying at-risk individuals.
- Genetic counseling is a recommended option for all individuals undergoing genetic testing.

No additional pathogenic mutations, variants of unknown significance, or gross deletions or duplications were detected. Genes Analyzed (40 total): **APC, ATM, BAP1, BARD1, BMPR1A, BRCA1, BRCA2, BRIP1, CDH1, CDKN2A, CHEK2, FH, FLCN, MET, MLH1, MSH2, MSH6, MUTYH, NF1, NTHL1, PALB2, PMS2, PTEN, RAD51C, RAD51D, RPS20, SMAD4, STK11, TP53, TSC1, TSC2 and VHL** (sequencing and deletion/duplication); **AXIN2, HOXB13, MBD4, MSH3, POLD1 and POLE** (sequencing only); **EPCAM** and **GREM1** (deletion/duplication only). RNA data is routinely analyzed for use in variant interpretation for all genes.

#### **BRCA1 Additional Information**

The **c.68\_69delAG** pathogenic mutation, located in coding exon 1 of the **BRCA1** gene, results from a deletion of two nucleotides at nucleotide positions 68 to 69, causing a translational frameshift with a predicted alternate stop codon (p.E23Vfs\*17). This alteration is one of three well-characterized Ashkenazi Jewish founder mutations, with an overall carrier frequency of nearly 1% in this population (Struewing JP et al. *Nat. Genet.* 1995 Oct;11:198-200; Schubert EL et al. *Genet Test*, 1997;1:41-6; Hartge P et al. *Am. J. Hum. Genet.* 1999 Apr;64:963-70). This germline mutation has been reported in individuals of Ashkenazi Jewish descent, as well as in cohorts of other ethnicities, with hereditary breast and ovarian cancer (HBOC) syndrome, including individuals with male breast cancer, pancreatic cancer, and prostate cancer (Antoniou AC et al. *J. Med. Genet.* 2005 Jul;42:602-3; Lucas AL et al. *Clin. Cancer Res.* 2013 Jul;19:3396-403; Lucas AL et al. *Cancer*. 2014 Jul;120:1960-7; Bernards SS et al. *Gynecol Oncol*, 2016 Feb;140:221-5; Azzollini J et al. *Eur J Intern Med*, 2016 Jul;32:65-71; Na R et al. *Eur Urol*, 2017 05;71:740-747; Gabaldó Barrios X et al. *Fam. Cancer*. 2017 Oct;16:477-489; Alemar B et al. *PLoS One*, 2017 Nov;12:e0187630; Chan GHJ et al. *Oncotarget*, 2018 Jul;9:30649-30660; Schayek H et al. *Breast Cancer Res Treat*, 2018 Jul;170:399-404; Brand R et al. *Cancer*, 2018 09;124:3520-3527; Singh J et al. *Breast Cancer Res Treat*, 2018 Jul;170:189-196; Wen WX et al. *J Med Genet*, 2018 02;55:97-103; Cock-Rada AM et al. *Fam Cancer*, 2018 01;17:23-30; Mehta A et al. *Cancer Manag Res*, 2018 Nov;10:6505-6516; Li JY et al. *Int J Cancer*, 2019 01;144:281-289; Abe T et al. *J Clin Oncol*, 2019 05;37:1070-1080; Ashour M et al. *Cancer Manag Res*, 2019 Jul;11:6275-6284). In a large case control-study, this variant was reported in 30/60,466 breast cancer cases and in 8/53,461 controls (Dorling et al. *N Engl J Med*. 2021 02;384:428-439). Of note, this alteration is also designated as 185delAG, 187delAG, and 189delAG in published literature. In addition to the

clinical data presented in the literature, this alteration is expected to result in loss of function by premature protein truncation or nonsense-mediated mRNA decay. As such, this alteration is interpreted as a disease-causing mutation.

The *BRCA1* gene (NM\_007294.3) is located on chromosome 17q21.31, encodes the breast cancer type 1 susceptibility protein, and contains 22 coding exons. Pathogenic variants in this gene are known to cause *BRCA1*-related cancer predisposition, which is inherited in an autosomal dominant fashion, and *BRCA1*-related Fanconi anemia, which is inherited in an autosomal recessive fashion. *BRCA1*-related cancer predisposition is characterized by a significantly increased cumulative lifetime risk for female breast cancer (60-72%), male breast cancer (up to 1.2%), epithelial ovarian cancer (39-58%), pancreatic cancer (3-5%), and prostate cancer (7-26%). *BRCA1*-related cancer predisposition is also associated with a contralateral female breast cancer risk of up to 40% within 20 years of initial breast cancer diagnosis with no intervention; however, this risk is age-dependent and more significant with earlier age (prior to age 40) of first breast cancer diagnosis (Kuchenbaecker K et al. *JAMA*. 2017 Jun 20;317(23):2402-2416; Hu C et al. *J Natl Cancer Inst*. 2020 Dec 14;112(12):1231-124; Breast Cancer Association Consortium. *N Engl J Med*. 2021;384:428-439; Hu C et al. *N Engl J Med*. 2021 Feb 4; 384(5): 440-451; Tai Y et al. *J Natl Cancer Inst*. 2007 Dec 5;99(23):1811-4; Chen J et al. *JNCI Cancer Spectr*. 2020 Apr 23;4(4):pkaa029; Chaffee K et al. *Genet Med*. 2018 Jan;20(1):119-127; Hu C et al. *JAMA*. 2018 Jun 19;319(23):2401-2409). Penetrance in individuals with *BRCA1*-related cancer predisposition is incomplete and variable expressivity is observed; therefore, cancer risks will differ based on individual and family history. Published evidence suggests that both germline and somatic alterations in the *BRCA1* gene may predict sensitivity to chemotherapy agents that induce DNA damage as well as to poly(ADP-ribose) polymerase (PARP) inhibitors (Kim G et al. *Clin Cancer Res*. 2015 Oct 1;21(19):4257-61; Balasubramaniam S et al. *Clin. Cancer Res.*, 2017 Dec;23:7165-7170). Loss of function has been reported as the mechanism of disease for *BRCA1*-related cancer predisposition. *BRCA1*-related Fanconi anemia is characterized by progressive bone marrow failure, adult onset aplastic anemia, pre- and postnatal growth deficiency, abnormal skin pigmentation, characteristic skeletal malformations, and impaired endocrine functioning. *BRCA1*-related Fanconi anemia can be established in a patient following cytogenetic testing of patient lymphocytes that demonstrate increased chromosomal breakage and radial forms following diepoxybutane and mitomycin C exposure (Mehta P et al. *Fanconi Anemia*. 2002 Feb 14 [updated 2021 Jun 3]. In: GeneReviews [Internet]. Seattle (WA): University of Washington, Seattle; 1993-2022). Individuals with *BRCA1*-related Fanconi anemia are at an increased risk of malignancies with highest risk of acute myelogenous leukemia, early-onset solid tumors including head and neck squamous cell carcinoma, and non-melanoma skin cancer (García-de-Teresa B et al. *Genes (Basel)*. 2020 Dec 21;11(12):1528., 2020). Individuals of reproductive age are at 25% risk of having a child with Fanconi anemia with each pregnancy when both biological parents have a pathogenic variant in *BRCA1*. Biallelic loss of function has been reported as the mechanism of disease for *BRCA1*-related Fanconi anemia.

**Order Summary:** The following products were included in the test order for this individual. Please note: tests on hold and those that have been cancelled (including reflex testing steps cancelled due to a positive result in a preceding test) are excluded. For additional information, please contact Ambry Genetics.

- CancerNext® +RNAinsight® (Product Code 8824-R)

**ASSAY INFORMATION**

**General methodology:** Genomic deoxyribonucleic acid (gDNA) is isolated from the patient's specimen using standardized methodology and quantified. Sequence enrichment of the targeted coding exons and adjacent intronic nucleotides is carried out by a bait-capture methodology using long biotinylated oligonucleotide probes followed by polymerase chain reaction (PCR) and Next-Generation sequencing (NGS). Variants in regions complicated by pseudogene interference, variant calls not satisfying depth of coverage and variant allele frequency quality thresholds, and potentially homozygous variants are verified by Sanger sequencing. Gross deletion/duplication analysis is performed using a customized pipeline using a combination of third-party coverage-based tools and custom methodologies with confirmatory MLPA and/or targeted chromosomal microarray. Mobile element insertions, if detected, are confirmed by PCR and Sanger sequencing and/or gel electrophoresis.

Ribonucleic acid (RNA) is isolated from the patient's specimen using standardized methodology and quantified. RNA is converted to complementary DNA (cDNA) by reverse transcriptase polymerase chain reaction (RT-PCR). Sequence enrichment is carried out by a bait-capture methodology using long biotinylated oligonucleotide probes followed by polymerase chain reaction (PCR) and Next-Generation sequencing (NGS). RNA transcripts are screened and compared to a human reference pool. The presence of RNA transcripts meeting quality thresholds is incorporated as evidence for the assessment and classification of DNA variants. Any region not meeting RNA quality thresholds, including regions with chronically low expression in human peripheral lymphocytes, are excluded from analysis.

**Additional methodology:**

- **MSH2:** The inversion of coding exons 1-7 is detected by NGS and confirmed by multiplex ligation-dependent probe amplification (MLPA) or PCR and agarose gel electrophoresis.
- **PMS2:** Gross deletions and duplications of exons 11-15 of *PMS2* are reflexed to long-range PCR and gel electrophoresis and/or sequencing to determine if the event occurs within *PMS2* or *PMS2CL*. The most likely deletion/duplication configuration that is consistent with the long-range PCR results is reported; however, rare complex rearrangements in *PMS2* and *PMS2CL* cannot be ruled out.

**NCBI reference sequences:** *APC*- NM\_000038.5 & NM\_001127511.2, *ATM*- NM\_000051.3, *AXIN2*- NM\_004655.3, *BAP1*- NM\_004656.2, *BARD1*- NM\_000465.2, *BMPR1A*- NM\_004329.2, *BRCA1*- NM\_007294.3, *BRCA2*- NM\_000059.3, *BRIP1*- NM\_032043.2, *CDH1*- NM\_004360.3, *CDKN2A*- NM\_000077.4 & NM\_058195.3, *CHEK2*- NM\_007194.3, *EPCAM*- NM\_002354.2, *FH*- NM\_000143.3, *FLCN*- NM\_144997.5, *GREM1*- NM\_013372.6, *HOXB13*- NM\_006361.5, *MBD4*- NM\_001276270.2, *MET*- NM\_001127500.1, *MLH1*- NM\_000249.3, *MSH2*- NM\_000251.1, *MSH3*- NM\_002439.3, *MSH6*- NM\_000179.2, *MUTYH*- NM\_001128425.1, *NF1*- NM\_000267.3, *NTHL1*- NM\_002528.5, *PALB2*- NM\_024675.3, *PMS2*- NM\_000535.5, *POLD1*- NM\_002691.2, *POLE*- NM\_006231.2, *PTEN*- NM\_000314.4, *RAD51C*- NM\_058216.1, *RAD51D*- NM\_002878.3, *RPS20*- NM\_001023.3, *SMAD4*- NM\_005359.5, *STK11*- NM\_000455.4, *TP53*- NM\_000546.4, *TSC1*- NM\_000368.4, *TSC2*- NM\_000548.3, *VHL*- NM\_000551.3.

**Analytical range:** This test detects variants in the coding domains and well into the flanking 5' and 3' ends of the introns and untranslated regions. Unless explicitly stated, sequence and copy number variants in the promoter, non-coding exons, or 3' untranslated regions are not routinely reported.

**Analytical range exceptions:**

- **APC:** all promoter 1B gross deletions as well as single nucleotide substitutions within the promoter 1B YY1 binding motif (NM\_001127511 c.-196\_-186) are analyzed and reported.
- **EPCAM:** only gross deletions encompassing the 3' end of the gene are reported.
- **GREM1:** only the status of the 40kb 5'UTR gross duplication is analyzed and reported.
- **MSH3:** the polyalanine repeat region is excluded from analysis.
- **NTHL1:** only full-gene gross deletions and duplications are detected.
- **Gross deletion/duplication analysis is not performed for the following genes:** *AXIN2*, *HOXB13*, *MBD4*, *MSH3*, *POLD1*, *POLE*.

**Reporting:** Results reported herein may be of constitutional or somatic origin. This methodology cannot differentiate between these possibilities. In result reports, variants in the following classifications are always reported, and are based on the following definitions and clinical recommendations.

- **Pathogenic Variant:** variants with sufficient evidence to classify as pathogenic (capable of causing disease). Targeted testing of at-risk relatives and appropriate changes in medical management for pathogenic variant carriers recommended. Previously described pathogenic variants, including intronic variants at any position, are always reported when detected.
- **Variant, Likely Pathogenic (VLP):** variants with strong evidence in favor of pathogenicity. Targeted testing of at-risk relatives and appropriate changes in medical management for VLP carriers typically recommended. Previously described likely pathogenic variants, including intronic VLPs at any position, are always reported when detected.
- **Variant, Uncertain Significance (VUS):** variants with limited and/or conflicting evidence regarding pathogenicity. Familial testing via the

Family Studies Program may be recommended. Medical management to be based on personal/family clinical histories, not VUS carrier status. Note, intronic VUSs are always reported out to 5 base pairs from the splice junction when detected.

Variants of unlikely clinical significance (those with strong/very strong evidence to argue against pathogenicity) are not routinely included in results. These include findings classified as "likely benign" and "benign" variants. Classification and interpretation of variants may change over time with accumulating evidence and scientific advancements. Updated classifications may be reported through reclassification notices; however, clients should re-contact the laboratory or visit ClinVar (<https://www.ncbi.nlm.nih.gov/clinvar/>) for the most up to date information regarding the current interpretation of results.

RNA transcripts derived from genes with limited gene-disease validity or with an inconsistent mechanism of disease do not routinely contribute to variant interpretation.

All results, including those from prior genetic testing for themselves and/or family members, will be reported as described above.

Gender identity (if provided) is not used in the interpretation of results, and sex assigned at birth is used in the interpretation of results only when necessary. Currently, there are insufficient data to determine specific cancer risk adjustments for transgender, nonbinary, or intersex individuals.

*Assay Information Continued on Next Page*

**ASSAY INFORMATION** (Supplement to Test Results - Continued)

**Resources:** The following references are used in variant analysis and classification when applicable for observed genetic alterations.

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5. Database of Single Nucleotide Polymorphisms (dbSNP) [Internet]. Bethesda (MD): National Center for Biotechnology Information, National Library of Medicine (dbSNP Build ID:135) Available from: [www.ncbi.nlm.nih.gov/SNP](http://www.ncbi.nlm.nih.gov/SNP). Accessed Jan 2012).
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7. Exome Variant Server, NHLBI Exome Sequencing Project (ESP) [Internet], Seattle WA. Available from: [evs.gs.washington.edu/EVS](http://evs.gs.washington.edu/EVS).
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14. Genome Aggregation Database (gnomAD) [Internet], Cambridge, MA. Available from: <http://gnomad.broadinstitute.org>.
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16. Mu W et al. *J Mol Diagn*. 2016 Oct 4. PubMed PMID: 27720647
17. Karczewski KJ et al. *Nature*. 2020 May;581(7809):434-443. PMID: 32461654
18. Splicing Prediction: Jaganathan K et al. *Cell*. 2019 Jan 24; 176(3):535-548.e24. PMID: 30661751

**Disclaimer:** This test was developed, and its performance characteristics were determined by Ambry Genetics Corporation. It has not been cleared or approved by the US Food and Drug Administration (FDA). The FDA does not require this test to go through premarket FDA review. It should not be regarded as investigational or for research. This test should be interpreted in context with other clinical findings. This report does not represent medical advice. Any questions, suggestions, or concerns regarding interpretation of results should be forwarded to a genetic counselor, medical geneticist, or physician skilled in interpretation of the relevant medical literature. This laboratory is certified under the Clinical Laboratory Improvement Amendments (CLIA) as qualified to perform high complexity clinical laboratory testing. This test analyzes the following types of mutations: nucleotide substitutions, small deletions (up to 25 bp), small insertions (up to 10 bp), small indels, and gross deletions/duplications. Unless otherwise noted in the methodology section above, this test is not intended to analyze the following types of alterations: gross rearrangements, deep intronic variations, mobile element insertions, and other unknown abnormalities. The pattern of mutation types varies by gene, and this test detects a high but variable percentage of known and unknown mutations of the classes stated. A negative result from the analysis cannot rule out the possibility that the tested individual carries a rare unexamined mutation or mutation in the undetectable group. This test is designed and validated to be capable of detecting ~99.9% of described mutations in the genes represented on the test, listed above (analytical sensitivity). The clinical sensitivity of this test may vary widely according to the specific clinical and family history. Mutations in other genes or the regions not analyzed by this test can also give rise to similar clinical conditions. Although molecular tests are highly accurate, rare diagnostic errors may occur. Possible diagnostic errors include sample mix-up, erroneous paternity identification, technical errors, clerical errors, and genotyping errors. Genotyping errors can result from trace contamination of PCR reactions, from maternal cell contamination in fetal samples, from rare genetic variants that interfere with analysis, germline or somatic mosaicism, presence of pseudogenes, technical difficulties in regions with high GC content or homopolymer tracts, active hematologic disease, a history of allogeneic bone marrow or peripheral stem cell transplant, or from other sources. Rare variants present in the human genome reference sequence (GRCh37.p5/hg19) or rare misalignment due to presence of pseudogenes can lead to misinterpretation of patient sequence data.

## Clinician Management Resource for *BRCA1*

This overview of clinical management guidelines is based on this patient's positive test result for a pathogenic or likely pathogenic variant in the *BRCA1* gene. Unless otherwise stated, medical management guidelines used here are limited to those issued by the National Comprehensive Cancer Network® (NCCN®)<sup>1</sup> in the U.S. Please consult the referenced guideline for complete details and further information.

Clinical correlation with the patient's past medical history, treatments, surgeries and family history may lead to changes in clinical management decisions; therefore, other management recommendations may be considered. Genetic testing results and medical society guidelines help inform medical management decisions but do not constitute formal recommendations. Discussions of medical management decisions and individualized treatment plans should be made in consultation between each patient and his or her healthcare provider, and may change over time.

SCREENING/SURGICAL CONSIDERATIONS <sup>1</sup>	AGE TO START	FREQUENCY
<b>Female Breast Cancer</b>		
Breast awareness* • Women should be familiar with their breasts and promptly report changes to their healthcare provider.	18 years old	Periodic and consistent
Clinical Breast Exam	25 years old	Every 6-12 months
Breast Screening** • Breast MRI with and without contrast • Mammography	25-29 years old (MRI only***)	Every 12 months or individualized based on family history
	30-75 years old (MRI and mammography)	Every 12 months
	>75 years old	Individualized
Discuss option of risk-reducing mastectomy	Individualized	N/A
Consider options for risk reduction agents	Individualized	Individualized
<b>Ovarian Cancer</b>		
Consultation with gynecologic oncologist or gynecologist with expertise/experience in genetic susceptibility to gynecologic cancer is recommended.	Individualized	Individualized
Consideration of combination estrogen/progestin contraception (such as oral contraceptive pills) to reduce risk for ovarian cancer.	Individualized	Individualized
Recommend risk-reducing salpingo-oophorectomy (RRSO) <sup>^</sup>	35 to 40 years old	N/A
CA-125 and pelvic ultrasound are recommended for preoperative planning	Individualized	Individualized
<b>Salpingectomy</b>		
Salpingectomy is an option for premenopausal patients with hereditary cancer risk who are not yet ready for oophorectomy.	Individualized	Individualized
Completion oophorectomy is recommended as per gene-specific guidelines.	Individualized	Individualized
Consider continuation of combination oral contraceptive pills or hormonal IUD for continued ovarian cancer risk reduction while ovaries remain in place.	Individualized	Individualized
<b>Hysterectomy</b>		
Discuss the risks and benefits of concurrent hysterectomy at the time of RRSO prior to surgery.	Individualized	Individualized
Individuals who undergo hysterectomy at the time of RRSO are candidates for estrogen-alone HRT.	Individualized	Individualized

SCREENING/SURGICAL CONSIDERATIONS <sup>1</sup>	AGE TO START	FREQUENCY
<b>Male Breast Cancer</b>		
Breast self-exam training and education	35 years old	Periodic and consistent
Clinical breast exam	35 years old	Every 12 months
Consider mammogram screening	50 years or 10 years before the earliest known male breast cancer in the family (whichever comes first)	Every 12 months
<b>Prostate Cancer</b>		
Consider prostate cancer screening	40 years old	Clinician's discretion
<b>Melanoma</b>		
General risk management, such as annual full-body skin examination and minimizing UV exposure	Individualized	Annual, or at clinician's discretion
<b>Pancreatic Cancer</b>		
For individuals with exocrine pancreatic cancer in ≥1 first- or second-degree relative on the same side of the family as the identified pathogenic/likely pathogenic germline variant, consider pancreatic cancer screening using contrast-enhanced MRI/MRCP and/or EUS. <sup>^^</sup>	50 years (or 10 years younger than the earliest exocrine pancreatic cancer diagnosis in the family, whichever is earlier)	Annually (with consideration of shorter intervals if potentially concerning abnormalities seen on screening)
<b>Other</b>		
Counsel for risk of autosomal recessive condition in offspring.	Individualized	N/A

\* Breast self exam (BSE) may facilitate breast self awareness. Premenopausal women may find BSE most informative when performed at the end of menses.

\*\* Women treated for breast cancer who have not undergone bilateral mastectomy: follow screening as described

\*\*\*Mammography may be considered only if MRI is unavailable

<sup>^</sup> See Risk-Reducing Salpingo-Oophorectomy (RRSO) Protocol in NCCN Guidelines for Ovarian Cancer- Principles of Surgery. Limited data suggest that there may be a slight increased risk of serous uterine cancer among women with a *BRCA1* mutation. The clinical significance of these findings is unclear. Further evaluation of the risk of serous uterine cancer in the BRCA population needs to be undertaken. The provider and patient should discuss the risks and benefits of concurrent hysterectomy at the time of RRSO for women with a *BRCA1* mutation prior to surgery. Individuals who undergo hysterectomy at the time of RRSO are candidates for estrogen alone hormone replacement therapy (HRT), which is associated with a decreased risk of breast cancer compared to combined estrogen and progesterone, which is required when the uterus is left in situ (Chlebowski R, *et al.* JAMA Oncol 2015; 1:296-305). HRT recommendations should be tailored depending on each patient's personal history of breast cancer and/or breast cancer risk reduction strategies. HRT is a consideration for premenopausal patients who do not carry a diagnosis of breast cancer or have other contraindications for HRT.

<sup>^^</sup> For individuals considering pancreatic cancer screening, the panel recommends that screening be performed in experienced high-volume centers. The panel recommends that such screening only take place after an in-depth discussion about the potential limitations to screening, including cost, the high incidence of benign or indeterminate pancreatic abnormalities, and uncertainties about the potential benefits of pancreatic cancer screening. Most small cystic lesions found on screening will not warrant biopsy, surgical resection, or any other intervention.

1. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Genetic/Familial High-Risk Assessment: Breast, Ovarian, Pancreatic, and Prostate. v2.2025. © National Comprehensive Cancer Network, Inc. 2024. All rights reserved. Accessed November 7, 2024. To view the most recent and complete version of the guideline, go online to NCCN.org. NCCN makes no warranties of any kind whatsoever regarding their content, use or application and disclaims any responsibility for their application or use in any way.

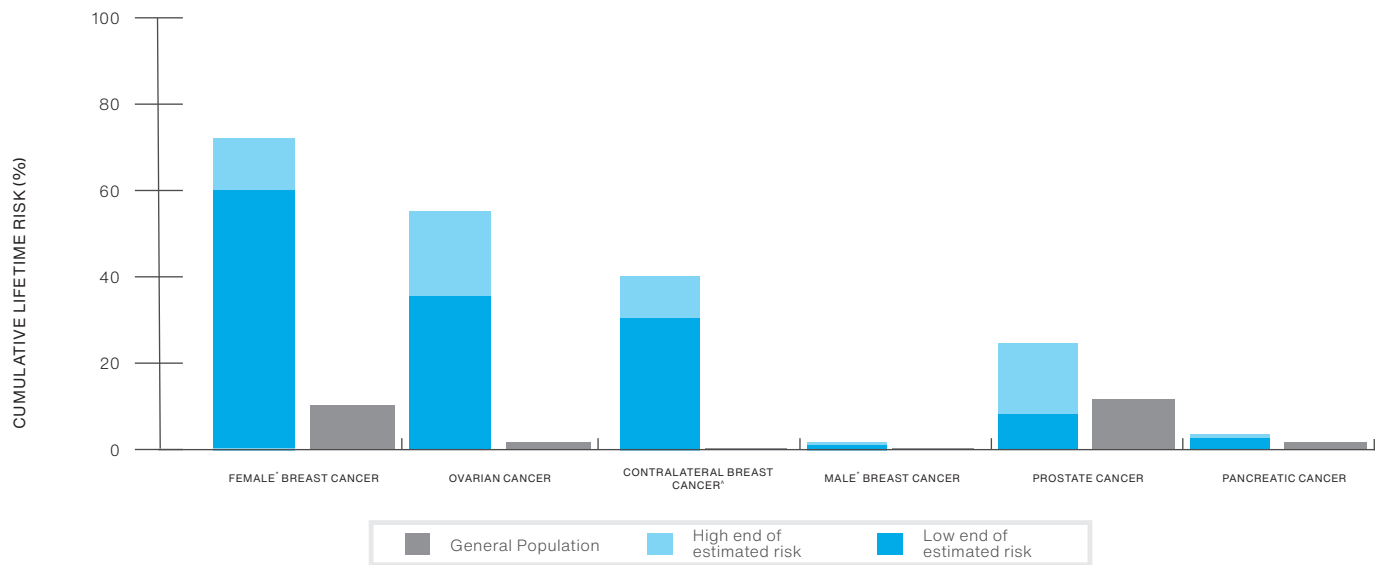
# Understanding Your Positive *BRCA1* Genetic Test Result

## INFORMATION FOR PATIENTS WITH A PATHOGENIC OR LIKELY PATHOGENIC VARIANT

### 6 Things To Know

1	Result	Your testing shows that you have a pathogenic or likely pathogenic variant in the <i>BRCA1</i> gene.
2	<i>BRCA1</i> -related cancer predisposition	People with a pathogenic or likely pathogenic <i>BRCA1</i> variant have <i>BRCA1</i> -related cancer predisposition
3	Cancer risks	You have an increased chance to develop breast cancer, ovarian cancer, pancreatic cancer, prostate cancer, and possibly other types of cancer.
4	What you can do	Risk management decisions are very personal. There are options to detect cancer early or lower the risk to develop cancer. It is important to discuss these options with your healthcare provider and decide on a plan that works for you.
5	Other medical concerns	Individuals with a pathogenic or likely pathogenic <i>BRCA1</i> variant may have an increased risk to have a child with Fanconi anemia, but only if their partner also carries a pathogenic or likely pathogenic variant in the <i>BRCA1</i> gene. Fanconi anemia is a rare condition that can cause specific physical characteristics, bone marrow failure, and an increased risk of certain cancers.
6	Family	Family members may also be at risk – they can be tested for the pathogenic or likely pathogenic <i>BRCA1</i> variant that was identified in you. It is recommended that you share this information with your family members so they can learn more and discuss with their healthcare providers.

### *BRCA1* Cancer Risks\*\*

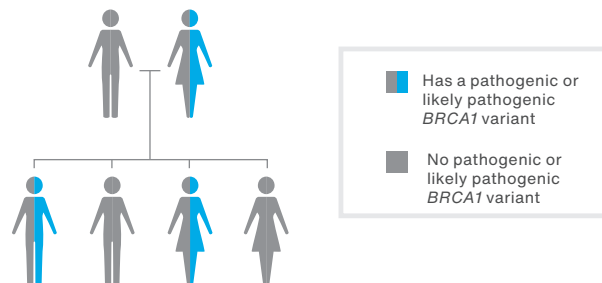


\* Refers to sex assigned at birth  
\*\* Refers to lifetime risk unless otherwise noted. Because risk estimates vary in different studies, only approximate risks are given. Cancer risks will differ based on individual and family history.  
^ 20-year cumulative risk



## BRCA1 in the Family

There is a 50/50 random chance to pass on the pathogenic or likely pathogenic *BRCA1* variant to each of your children.



### RESOURCES

- American Cancer Society [cancer.org](https://cancer.org)
- Bright Pink [brightpink.org](https://brightpink.org)
- FORCE [facingourrisk.org](https://facingourrisk.org)
- ICARE Inherited Cancer Registry [InheritedCancer.net](https://InheritedCancer.net)
- Imerman Angels [imermanangels.org](https://imermanangels.org)
- Sharsheret [sharsheret.org](https://sharsheret.org)
- Susan G. Komen Foundation [komen.org](https://komen.org)
- National Society of Genetic Counselors [nsgc.org](https://nsgc.org)
- Canadian Society of Genetic Counsellors [cagc-accg.ca](https://cagc-accg.ca)

Please discuss this information with your healthcare provider. The cancer genetics field is continuously evolving, so updates related to your *BRCA1* result, medical recommendations, and/or potential treatments may be available over time. This information is not meant to replace a discussion with a healthcare provider, and should not be considered or interpreted as medical advice.



Prospective Registry Of MultiPlex Testing

## Opportunity to Enroll in Hereditary Cancer Research

Genetic testing can help individuals and families by giving them a clearer idea of their cancer risks. Genetic tests (called multi-gene or multiplex panels) look for changes in several different genes, all in a single test. While all of the genes on these panels have been tied to an increased risk of cancer, we understand the risks associated with some of the genes better than we understand others. One way to help improve our understanding is to enroll people with pathogenic mutations or variants of unknown significance in registries. Registries typically follow people over many years to learn more about these alterations and how they impact their health.

### How can I find a research registry?

There are several hereditary cancer research registries that are studying individuals who have had multiplex panel testing. One registry that is open to individuals nationwide is PROMPT (or **P**rospective **R**egistry **O**f **M**ulti**P**lex **T**esting). PROMPT is an online registry for patients and families who have had multiplex testing and have been found to have a genetic variation which may be linked to an increased risk of cancer. PROMPT is a joint effort involving several academic medical centers and commercial laboratories, working together to learn more about the genes that are studied on multiplex panels. PROMPT will allow researchers to better understand the cancer risks associated with changes in these genes and thus provide a better understanding of the best way to take care of individuals who have such changes.

### What is involved in participation?

Participation in the study simply involves completing online surveys. Additionally, the PROMPT team may reach out to you to talk about ways that you can get more involved with the research effort. Your participation will help researchers learn more and improve the ability of this genetic testing to help people.

### How do I enroll?

You can learn more about or register for PROMPT by going to [www.promptstudy.info](http://www.promptstudy.info) or by scanning the QR code below.

Thank you again for considering taking part in PROMPT!



If you would like to read more about multiplex panels, including details about specific genes, please visit our informational website at [www.promptstudy.info](http://www.promptstudy.info).

## Opportunity to connect and help prevent cancer in your family

Did you recently have genetic testing for a cancer gene variant (or mutation) known to be in your family? Questions such as “Where did this variant come from?” or “What can I do to help others in my family?” are common. ConnectMyVariant can help!

ConnectMyVariant provides resources for people who want help talking with relatives about cancer risk or finding new relatives who might be at risk to help them get genetic testing and prevent cancer.

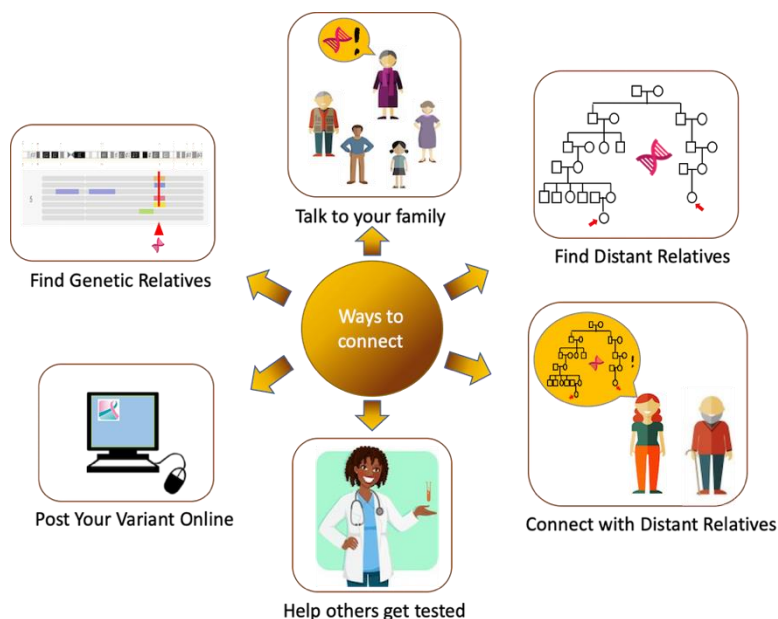
The ConnectMyVariant initiative seeks to help people like you:

- Talk to their relatives
- Share important genetic information
- Expand family trees to identify and connect with distant at-risk relatives
- Guide at-risk relatives to cancer prevention.

### “Prevention Through Connection”

People with the same genetic variant may be distantly related through a long-ago ancestor. This means that your family’s variant may be a key to understanding your family’s past. It is also a key that you can use to help both close and distant family members prevent cancer before it happens.

You may have received genetic testing because someone cared enough to warn you about your risk. Now you can find and warn other at-risk relatives. Reaching out and speaking to other at-risk relatives to help them get genetic testing may help prevent cancer and save lives. These are the goals of ConnectMyVariant.



You can learn more and sign up at <http://connectmyvariant.org/>  
 Questions? [info@connectmyvariant.org](mailto:info@connectmyvariant.org)

# WHY PARTICIPATE IN ICARE?

## Be a part of new discoveries.

Studies that used information from  
ICARE participants have...

found that removing the ovaries may not  
lower breast cancer risk for women with a  
**BRCA** mutation.<sup>1</sup>

improved cancer risk estimates for people  
with **PALB2** mutations.<sup>2</sup>



## Get care updates personalized to you as new guidelines and other information come out – for example:

ICARE participants with mutations in **PALB2**, **CHEK2**, and **ATM** were given updates that might  
affect their care because new National Comprehensive Cancer Network (NCCN) Genetics  
Guidelines were released in September 2022.

## Find out about other studies.

### Examples of studies include:

A study providing free resources to help with  
managing cancer risks and family communication  
of test results.

A study doing free genomic studies on breast  
cancers in people with **BRCA1**, **BRCA2**, **PALB2**,  
**ATM**, and **CHEK2** mutations to learn more  
about how these tumors develop and how  
we might best treat them.

Enroll online by visiting  
<https://redcap.link/ICAREconsent>  
or scan the below QR code:



<sup>1</sup>Katsopoulos J, et al. Bilateral Oophorectomy and the Risk of Breast Cancer in BRCA1 Mutation Carriers: A Reappraisal. *Cancer Epidemiol Biomarkers Prev.* 2022 Jul 1;31(7):1351-1358. PMID: 35477169; <sup>2</sup>Yang X, et al. Cancer Risks Associated With Germline PALB2 Pathogenic Variants: An International Study of 524 Families. *J Clin Oncol.* 2020 Mar 1;38(7):674-685. PMID: 31841383.



# WHAT ARE PARTICIPANTS SAYING ABOUT ICARE?



## Participant Testimonials:

*"I absolutely love being a part of ICARE... and enjoy receiving their periodic newsletters on clinical and research updates."*

*"As much as it might seem frightening to some to join a registry like this, I am grateful for the opportunity to help pay it forward by supporting inherited cancer studies in the hopes we can all live well and have long healthy lives."*

*"I participate in ICARE and other related activities in hopes that continued research will positively impact all of us with hereditary cancers, and especially my three children who are now young adults."*



615-875-2444



ICARE@vumc.org



InheritedCancer.net

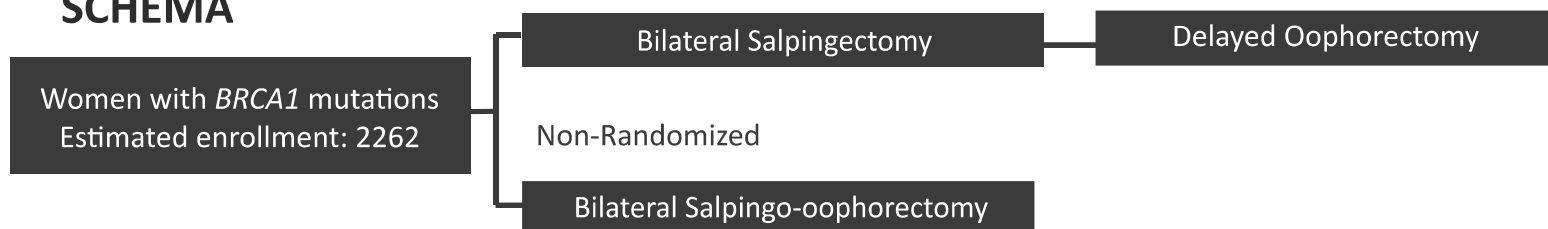
Salpingectomy: an approach to reduce the risk of ovarian cancer while preserving hormonal function

## NOW ENROLLING *BRCA1* CARRIERS

Clinical Trial • NCT04251052 • NRG-CC008

NCI-sponsored study to compare two surgical procedures in women with *BRCA1* mutations to assess reduced risk of ovarian cancer

### SCHEMA



### STUDY ENDPOINTS

#### Primary Outcome Measures:

- Non-inferiority of salpingectomy compared to bilateral salpingo-oophorectomy to reduce the risk of ovarian cancer

#### Secondary Outcome Measures:

- Estrogen deprivation symptoms
- Health-related quality of life
- Sexual function
- Cancer distress
- Quality of life
- Medical decision making
- Adverse events

**For information regarding patient eligibility or clinical questions, contact the NRG-CC008**

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ClinicalTrials.gov Identifier: NCT04251052

**Study sponsored by the National Cancer Institute and conducted by NRG Oncology.**

This information is presented only for the purpose of providing an overview of the clinical trial and should not be construed as a recommendation for use of any product for unapproved purposes.

Version Date: July 21, 2021.





# FOR FAMILIES WITH AN IDENTIFIED BRCA1/BRCA2 MUTATION

We evaluate the impact of free, expedited web-based genetic education and optional streamlined testing

## About CASCADE

Communicating with relatives about your BRCA mutation is key to ensuring that your family gets the information they need to make good decisions about their health. The “Cancer Susceptibility Counseling and Decisions” (CASCADE) study is a National Cancer Institute funded clinical study testing individualized web-based genetic education and optional genetic testing for your adult relatives.

## CASCADE and You

- Our goal is to help individuals who are at risk of having a BRCA1/2 mutation. To do this, we need your help. We are asking you to put us in touch with your untested relatives so that we can send them print information about CASCADE.
- If your relatives choose to participate, they will be given access to either: an individually-tailored genetic education website or standard resources about BRCA1/2 testing. These resources will provide them with important cancer risk information.
- Even if your relatives are not interested in genetic information, we would still like them to complete our survey so we can understand why they are not interested.
- All participants will have the option to pursue genetic testing if they so choose. All information gathered during this study will remain completely confidential.
- To get started, go to <https://redcap.link/CASCADE> and complete our brief screener to confirm your eligibility.

### The Jess and Mildred Fisher Center for Hereditary Cancer and Clinical Genomics Research

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A Cancer Center designated by the  
National Cancer Institute