

## Clinician Management Resource for *NF1*

This overview of clinical management guidelines is based on this patient's positive test result for a *NF1* gene mutation. Unless otherwise stated, medical management guidelines used here are limited to those issued by the National Comprehensive Cancer Network® (NCCN®)<sup>1</sup> in the U.S. Please consult the referenced guideline for complete details and further information.

Clinical correlation with the patient's past medical history, treatments, surgeries and family history may lead to changes in clinical management decisions; therefore, other management recommendations may be considered. Genetic testing results and medical society guidelines help inform medical management decisions but do not constitute formal recommendations. Discussions of medical management decisions and individualized treatment plans should be made in consultation between each patient and his or her healthcare provider, and may change over time.

SCREENING/SURGICAL CONSIDERATIONS <sup>1</sup>	AGE TO START	FREQUENCY
<b>Female Breast Cancer</b>		
Breast Screening <ul style="list-style-type: none"> <li>Mammography</li> <li>Consider breast MRI with contrast*</li> </ul>	30 years old or 5-10 years before the earliest known breast cancer in the family**	Every 12 months, until age 50
Evidence insufficient for risk-reducing mastectomy recommendation. Manage based on family history.	Individualized	N/A
<b>Other</b>		
Recommend referral to neurofibromatosis specialist for evaluation and management of malignant peripheral nerve sheath tumors, GIST, others	Individualized	N/A

\* Consider possibility of false-positive MRI results due to presence of breast neurofibromas.

\*\* At this time, there are no data to suggest an increased breast cancer risk after age 50.

1. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic. V1.2023. © National Comprehensive Cancer Network, Inc. 2022. All rights reserved. Accessed September 7, 2022. To view the most recent and complete version of the guideline, go online to NCCN.org. NCCN makes no warranties of any kind whatsoever regarding their content, use or application and disclaims any responsibility for their application or use in any way.

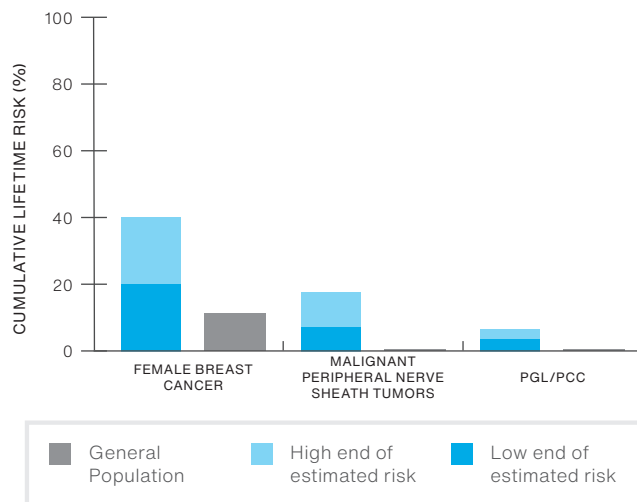
# Understanding Your Positive *NF1* Genetic Test Result

INFORMATION FOR PATIENTS WITH A PATHOGENIC MUTATION OR VARIANT, LIKELY PATHOGENIC

## 5 Things To Know

1	<i>NF1</i> mutation	Your testing shows that you have a pathogenic mutation or a variant that is likely pathogenic in the <i>NF1</i> gene.
2	Neurofibromatosis type 1	People with germline <i>NF1</i> mutations have neurofibromatosis type 1 (NF1).
3	Cancer risks	You have an increased chance to develop female breast cancer and possibly other types of cancer such as gastrointestinal stromal tumors (GIST), malignant peripheral nerve sheath tumors (MPNSTs), or paragangliomas and/or pheochromocytomas (PGL/PCC).
4	What you can do	Risk management decisions are very personal. There are options to detect cancer early or lower the risk to develop cancer. It is important to discuss these options with your doctor and decide on a plan that works for you.
5	Family	Family members may also be at risk – they can be tested for the <i>NF1</i> mutation that was found in you. It is recommended that you share this information with your family members so they can learn more and discuss with their healthcare providers.

## *NF1* Germline Mutation Cancer Risks\*

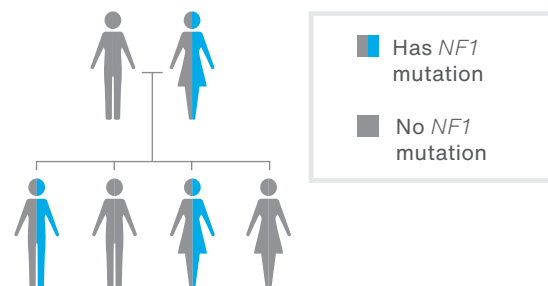


\* Because risk estimates vary in different studies, only approximate risks are given. Cancer risks will differ based on individual and family history.

## *NF1* Mutations in the Family

There is a 50/50 random chance to pass on an *NF1* mutation to your sons and daughters. The image to the right shows that both men and women can carry and pass on these mutations.

Please discuss this information with your healthcare provider. The cancer genetics field is continuously evolving, so updates related to your *NF1* result, medical recommendations, and/or potential treatments may be available over time. This information is not meant to replace a discussion with a healthcare provider, and should not be considered or interpreted as medical advice.



Reach Out

RESOURCES

- Amby's hereditary cancer site for families [patients.ambrigen.com/cancer](https://patients.ambrigen.com/cancer)
- Children's Tumor Foundation [ctf.org](https://ctf.org)
- Genetic Information Nondiscrimination Act (GINA) [ginahelp.org](https://ginahelp.org)
- National Society of Genetic Counselors [nsgc.org](https://nsgc.org)
- Canadian Society of Genetic Counsellors [cagc-accg.ca](https://cagc-accg.ca)