Ambry Genetics®

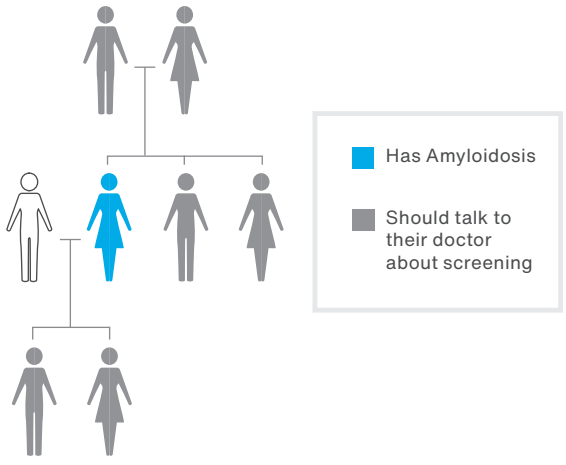
Understanding Your VUS Transthyretin Amyloidosis (TTR) Genetic Test Result

INFORMATION FOR PATIENTS WITH A VARIANT OF UNKNOWN SIGNIFICANCE

Result	VUS	Your testing shows you have a variant of unknown significance (VUS) in the gene that causes hereditary transthyretin amyloidosis. A VUS represents a change in the gene, but we do not know if it causes hereditary transthyretin amyloidosis or not.
Diagnosis	NO CHANGE	This testing does not change your diagnosis. If you have been diagnosed with amyloidosis that remains the same.
Management Options	PATIENTS WITH AMYLOIDOSIS	Treatment options include: medications, surgery, pacemakers, or liver transplantation. Talk to your doctor about which may be right for you.
Screening Options	PATIENTS WITH A FAMILY HISTORY OF AMYLOIDOSIS, BUT NO SYMPTOMS THEMSELVES	Options for screening and early detection include: physical exams, blood testing, cardiac evaluations, or tissue biopsy analysis. Talk to your doctor about whether these options are right for you.
Family Members	POSSIBLE TESTING	Your report will indicate if testing family members may help us learn more about your specific VUS. Please speak with your healthcare provider to determine if they might also benefit from a test to evaluate their personal risk of developing a disease.
Next Steps	DISCUSS	Please share this with family members so they can talk with their doctors and learn more.
Reach Out	RESOURCES	Amyloidosis Foundation amyloidosisresearchfoundation.org National Society of Genetic Counselors nsgc.org Canadian Association of Genetic Counsellors cagc-accg.ca Genetic Information Nondiscrimination Act (GINA) ginahelp.org

Amyloidosis in the Family

Even though your genetic testing result was a VUS, amyloidosis can run in families. All close family members of someone with amyloidosis (like parents, brothers, sisters, children) should talk with their doctor about screening.



Please discuss this information with your healthcare provider. The field of genetics is continuously changing, so updates related to your TTR result, medical recommendations, and/or potential treatments may be available over time. This information is not meant to replace a discussion with a healthcare provider, and should not be considered or taken as medical advice.

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