

# Questions to Ask Your Healthcare Provider

I HAVE (HAD) A CANCER DIAGNOSIS



As someone who has had cancer (now or before), you are probably seeing a healthcare provider on a regular basis, depending on where you are in your treatment plan. Your healthcare provider is your partner to develop a proactive plan to maintain your long-term health, which may include discussing hereditary cancer and whether you may have an increased risk for other cancers. During your next appointment, use these questions to start a conversation about the possibility of hereditary cancer and whether genetic testing might be appropriate for you.

## QUESTIONS ABOUT HEREDITARY CANCER

1. What are the risk factors for hereditary cancer? Do I have increased risk for other cancers?

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2. Should I see a genetic counselor and/or consider genetic testing? Is there a genetic counselor you would recommend?

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3. Could genetic test results impact my treatment plan and risks for developing other cancers in the future?

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4. What impact could genetic testing have on my family?

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5. Are there lifestyle changes I could make to reduce my risk of developing another cancer? What signs in my body should I be looking for between appointments?

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Learn more about your risk for hereditary cancer by using these tools located on [patients.ambrygen.com/cancer](https://patients.ambrygen.com/cancer): hereditary cancer risk indicator and family history questionnaire. You can print out the results of these tools and bring them to your next appointment along with this document, to help guide the conversation with your healthcare provider, as you determine if genetic testing is right for you and your family.