

Questions to Ask Your Healthcare Provider



As someone who has heart disease (or a family member with one), you are probably seeing a healthcare provider on a regular basis. Your healthcare provider is your partner in developing a proactive plan to maintain your long-term health. During your next appointment, use these questions to start a conversation about the possibility of a genetic cause for your heart disease and if genetic testing would be right for you.

QUESTIONS ABOUT HEART DISEASE

This specific heart disease: _____

1. Does this specific heart disease usually run in families?

2. Should I see a genetic counselor and/or consider genetic testing? Is there a genetic counselor you would recommend?

3. Could genetic test results impact my treatment plan?

4. What impact could genetic testing have on my family?

Remember to bring this document and printouts of your family history questionnaire from our website to your next appointment to help guide the conversation with your healthcare provider, as you determine if genetic testing is right for you and your family.